



# Year 7 Life Curriculum overview

The below is intended to provide a simple overview of Year 7 Life, the scheme of learning will provide the detailed exposition including literacy, SMSC, assessment, homework, learning activities and resources

Learning Focus	Assessments
<p><b>Lessons 1-6 : You and Your Community</b></p> <p><u>Learning enquiries:</u> <b>1)</b> What are communities? <b>2)</b> Why are communities important? <b>3)</b> Community cohesion: respectful language and challenging prejudice <b>4)</b> How can I build respectful relationships/ friendships? <b>5)</b> How can I contribute positively online and recognise cyber bullying? <b>6)</b> How can I care for people in my community?</p> <p><u>PSHE Association specified content:</u> H1, H22, R1, R3, R9, R13, R14, R16, R17, R35, R38, R39, R40, R41, R42, R43, L2, L20, L27</p>	<p><b>Assessment:</b> Pupils will complete a written assessed piece on the importance of community cohesion.</p>
<p><b>Lessons 7-13: You and Your Body</b></p> <p><u>Learning enquiries:</u> <b>1)</b> What is puberty? <b>2)</b> How does puberty impact males? <b>3)</b> How does puberty impact females? <b>4)</b> How do I take care of my personal hygiene? <b>5)</b> How do I maintain good dental health? <b>6)</b> Why is sleep important for my health?</p> <p><u>PSHE Association specified content:</u> H2, H4, H6, H7, H9, H10, H13, H14, H15, H16, H19, H20, H21, H34, R42, L24</p>	<p><b>Assessment:</b> Ongoing assessment of understanding of key terms and aspects of maintaining health.</p>
<p><b>Weeks 14-19: You and Your Safety</b></p> <p><u>Learning enquiries:</u> <b>1)</b> What is personal safety? <b>2)</b> How do I stay safe online? <b>3)</b> What are the risks associated with drugs, alcohol and smoking? <b>4)</b> How do I carry out personal health checks? <b>5)</b> How do I administer basic first aid? <b>6)</b> What are the risks over the Summer holidays and how can I stay safe?</p> <p><u>PSHE Association specified content:</u> H1, H2, H3, H4, H5, H12, H19, H20, H21, H22, H23, H24, H25, H26, H27, H28, H30, H31, H32, H33, R17, R20, R24, L20, L21, L22, L27</p>	<p><b>Assessment One:</b> Ongoing assessment of understanding of key terms and aspects of personal safety. Pupils will track their progress through a topic mind map added to each lesson.</p>