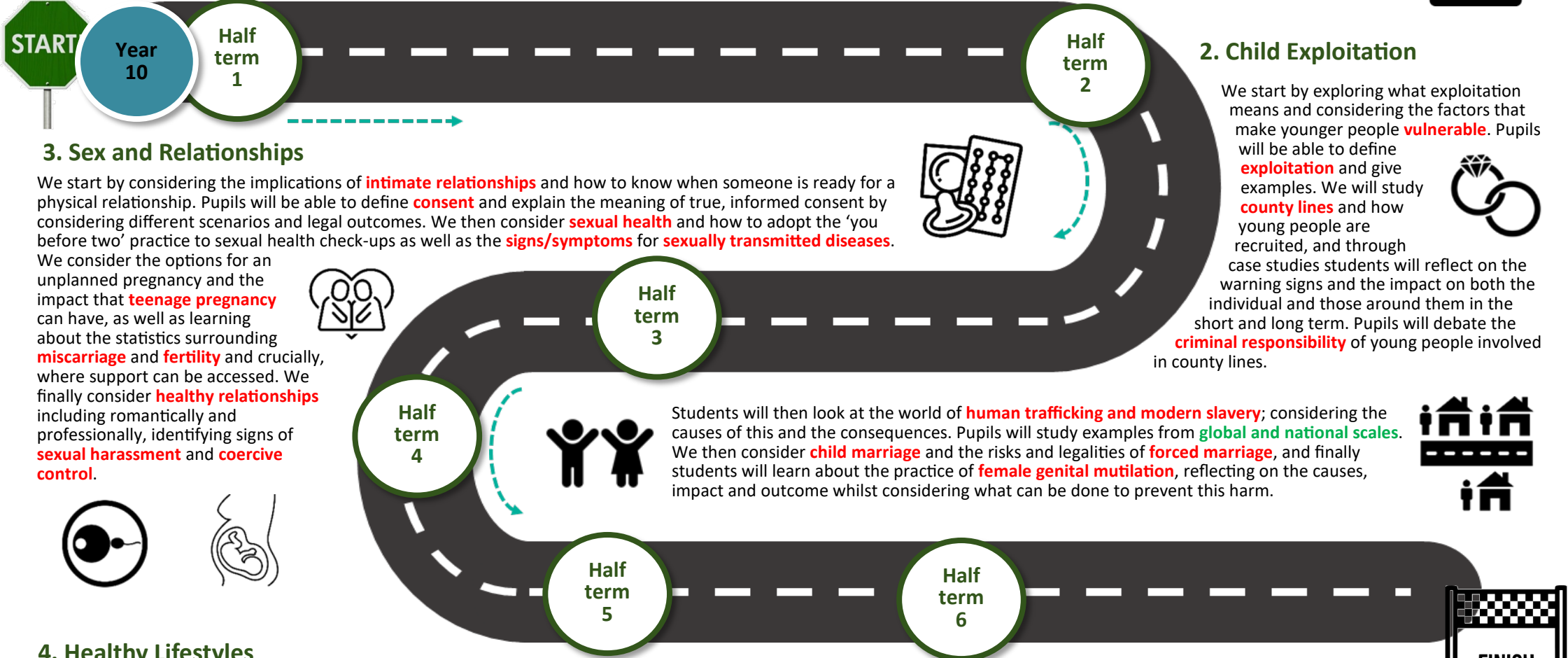


## 1. Financial Management

We begin our topic by looking at different types of **savings** and the purposes of it. Students will then explore the ways that people spend money in the modern world through cash, cheque, bank transfer, mobile apps and smart technology. Students



will assess the advantages and disadvantages of **digital spending**, and reflect on the **influences** on spending for different age groups. Students will then consider how to organise a spending **budget** in a variety of scenarios taking into account different **wants and needs** and over differing time scales. We will consider the different methods of **borrowing** money and **identify** the differences between **manageable and unmanageable debt**, whilst discussing reasons to borrow money. Students will then have the opportunity to consider the influence of different routes through education and higher education and the impact that this can have on financial futures. Students will **annotate** example **pay slips** considering the different **taxes** that are paid and be able to identify key financial implications.



## 3. Sex and Relationships

We start by considering the implications of **intimate relationships** and how to know when someone is ready for a physical relationship. Pupils will be able to define **consent** and explain the meaning of true, informed consent by considering different scenarios and legal outcomes. We then consider **sexual health** and how to adopt the 'you before two' practice to sexual health check-ups as well as the **signs/symptoms** for **sexually transmitted diseases**.



We consider the options for an unplanned pregnancy and the impact that **teenage pregnancy** can have, as well as learning about the statistics surrounding **miscarriage** and **fertility** and crucially, where support can be accessed. We finally consider **healthy relationships** including romantically and professionally, identifying signs of **sexual harassment** and **coercive control**.



## 4. Healthy Lifestyles

We start by considering the different aspects of a **healthy lifestyle** and thinking of the ways in which we can check our levels of health independently and through health services. Pupils then explore ways in which to manage their **mental health** and will be equipped with the knowledge of a range of healthy **coping strategies** that they can use. We explore the research behind **sleep, diet and exercise** and reflect on the barriers in our lives that might prevent us from achieving the right balance, and how to overcome these, including how to manage the time we spend on screens and **online**. We then consider **modern influences** of media and the impact that **cosmetic or aesthetic** practices can have on our health, including the effects of practices like sunbeds and tattooing. We consider the importance of



**blood, organ and stem cell donation** and how this practise can save lives. We identify where we can **access services** and support for our health needs, and finally will practise **emergency first aid** procedures such as CPR and the use of defibrillator.



## 2. Child Exploitation

We start by exploring what exploitation means and considering the factors that make younger people **vulnerable**. Pupils will be able to define **exploitation** and give examples. We will study **county lines** and how young people are recruited, and through case studies students will reflect on the warning signs and the impact on both the individual and those around them in the short and long term. Pupils will debate the **criminal responsibility** of young people involved in county lines.

